

金品 月子膳食

Frozen Postpartum Meal Comparison Chart

	$3,990 Frozen Herbal Meal 28 Days	$3,590 Frozen Classic Meal 28 Days	$2,790 Frozen Essential Meal 20 Days	$2,250 Frozen Soup & Dessert 28 Days
Breakfast: Egg	✓	✓		
Breakfast: Porridge	✓	✓		
Lunch: Fish Soup or Lunch Soup	✓	✓	✓	✓
Lunch: Entrée	✓	✓	✓	✓
Lunch: Vegetables	✓	✓	✓	
Lunch: Rice & Grains	✓	✓	✓	
Dinner: Taiwanese Postpartum Soup	✓	✓	✓	✓
Dinner: Dinner Soup	✓	✓	✓	✓
Dinner: Vegetables	✓	✓	✓	
Dinner: Rice & Grains	✓	✓	✓	
Dessert	2	2	1	2
Healing Drink	✓	✓		
JingMommy Postpartum Herbal Drink (28 days)	✓	$100/7 days	$100/7 days	$100/7 days
Shen Hua Tang 7 Days (1 serving/day)	$100/7 days	$100/7 days	$100/7 days	$100/7 days
Chicken Essence	$12/bowl	$12/bowl	$12/bowl	$12/bowl
Belly Wrap / Du Zhong Capsule	Add On Option	Add On Option	Add On Option	Add On Option
All meals are shipped via FedEx Priority Overnight. Each shipment contains a 1-week supply of meals.	7 Days/Week	7 Days/Week	5 Days/Week	7 Days/Week
1 week	$1,275	$1,175	$890	$770
2 weeks	$2,300	$2,100	$1,590	$1,380
3 weeks	$3,265	$2,965	$2,190	$1,895

