

金品 月子膳食

Postpartum Meal Comparison Chart

	$2,890 Herbal Meal 30 Days	$2,590 Classic Meal 30 Days	$2,299 Vita Meal 30 Days	$1,999 Low-Carb Meal 30 Days	$1,550 Easy Meal 15 Deliveries
Breakfast: Egg	✓	✓		✓	✓
Breakfast: Porridge	✓	✓			✓
Lunch: Fish Soup or Lunch Soup	✓	✓	✓	✓	✓
Lunch: Entrée	✓	✓	✓	✓	✓
Lunch: Vegetables	✓	✓	✓	✓	✓
Lunch: Rice & Grains	✓	✓	✓		✓
Dinner: Taiwanese Postpartum Soup	✓	✓	✓	✓	✓
Dinner: Dinner Soup	✓	✓	✓	✓	✓
Dinner: Entrée	✓	✓	✓	✓	✓
Dinner: Vegetables	✓	✓	✓	✓	✓
Dinner: Rice & Grains	✓	✓	✓		✓
Dessert	2	2	1		2
Healing Drink	✓	✓	✓		✓
JingMommy Postpartum Herbal Drink (30 days)	✓	$10/day	$10/day	$10/day	$10/day
Shen Hua Tang 7 Days (1 serving/day)	$10/day	$10/day	$10/day	$10/day	$10/day
Chicken Essence	$10/bowl	$10/bowl	$10/bowl	$10/bowl	$10/bowl
Belly Wrap / Du Zhong Capsule	Add On Option	Add On Option	Add On Option	Add On Option	Add On Option
Delivery Method *Remote areas: Delivery every other day / Additional delivery fee may apply	Daily delivery	Daily delivery	Daily delivery	Daily delivery	Every other day (Total 15 deliveries)
1 Day	$120	$110	$99	$85	
14 Days	$1,590	$1,450	$1,290	$1,120	
21 Days	$2,300	$2,090	$1,855	$1,620	

